

FOR IMMEDIATE RELEASE
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H1N1 Vaccine Safety

Influenza Hotline: 1-800-447-1985

As the H1N1 influenza vaccine continues to arrive across Iowa, Tama County Public Health officials remind residents the 2009 H1N1 vaccine is as safe as the seasonal influenza vaccine. “There is a lot of misinformation out there. The H1N1 vaccine is made by the same process, by the same companies, and tested in the same manner as the seasonal vaccine. There is no reason to believe there are any more risks associated with the H1N1 vaccine than the seasonal influenza vaccine”, reports Linda Rosenberger, director for Tama Co. Public Health.

In a normal influenza season, the H1N1 vaccine would have been incorporated into the seasonal vaccine; however, because the seasonal vaccine was already in production when the H1N1 influenza was recognized, it was necessary for two vaccines to be created. Next year, the H1N1 strain will likely be included in the seasonal vaccination.

The risks associated with not getting the H1N1 vaccine are far greater than the sore arm that may result from getting the shot. This virus has the potential to cause serious illness and death. Receiving the vaccination is an effective way to help fight the spread of the virus.

The seasonal flu vaccine and the H1N1 vaccine can be given at the same time, or at any time in regards to each, and in any sequence ***with one exception***: if using the live nasal spray vaccine for BOTH the seasonal flu and H1N1, they should be given 4 weeks apart to ensure the best protection from both vaccines.

Since the vaccine is being allocated to counties on a staggered basis over the coming weeks, it is important for residents to watch the local Tama County Shopper for information about free vaccine clinic sites. Clinic dates and sites for eligible Tama County residence will also be posted on the Tama County Public Health websites at www.tamacounty.org, or you can call the automated phone line at 641-484-3206.

A statewide toll-free hotline has been established for public questions about seasonal and H1N1 influenza at 1-800-447-1985. More information can also be found at www.idph.state.ia.us.